

<h2 style="text-align: center;">South Lakes Walking Club</h2> <p>Saturday and Sunday walks are arranged alternately throughout the year.</p>	
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Sunday Coach Walks Programme

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Sunday Coach Walks Programme	Jan-June 2018	Coach fare £10
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Departing from - Natland Road bus stop (near roundabout) Kendal-9.10am, Blackhall Road Bus Station-9.15am.

Date	Grade	Walk Description	Leader	Destination
Jan 7	A	Moughton & Smearsett Scars from Austwick	Nig Markham	Meet 9.00 Natland Road for car walks (First coach outing is Jan 14)
		Ring Nigel after Jan 4 to check if walk is on		
Jan 14	A	Northwaite to Sedbergh.	Brian Baker	Sedbergh
	B	Around Winder		
	C	Circular from Sedbergh		
Jan 28	A	Ambleside to Hawkshead	Marilyn/Mel/Diane	Hawkshead <i>Via Ambleside</i>
	B	Esthwaite circ from Hawkshead	John Edmondson	
	C	Blelham Tarn & Latterbarrow		
Feb 11	A	Barton Fell and Loadpot Hill.	John Ryder	Askham
	B	Ulswater Way and Askham Fell.	Linda Barker	
	C		J and S Watson	
Feb 21		AGM Kendal Town Hall 7.30pm (Wednesday)		
Feb 25	A	Gordale Scar&Kilnsey Moor		Malham
	B	Malham and Tarn	John & Linda	
	C	Gargrave to Malham		
Mar 11	A	Bowfell	Brian Baker	Langdale
	B	Langdale	Joan Meakin	
	C	Langdale	Jim Ring	
Mar 25	A	Forest Of Bowland		Chipping
	B	Brock & Beacon Fell		
	C	Circular walk	Avril Hallam	
Apr 8	A	Barbon Fells from Sedbergh	Nig Markham	Dent
	B	Dent area	Dennis Pook	
	C	Dent Valley	Jenny P/Jenny B	
Apr 22	A	Around Skiddaw	Les Fielden	Keswick
	B	Catbells & Maiden Moor	Jim Ring	
	C	Derwent Water & Little Town	J & S Watson	
May 6	A	Buckden Pike	David Bullas	Kettlewell <i>Via Skipton</i>
	B	Kettlewell area	Trevor & Christine	
	C	Kettlewell area	Yvonne Houfe	
May 20	A	Caw from Torver 12m/3600ft asc	John Edmondson	Coach: outbound via Ambleside, return via Greenodd Broughton In Furness
	B	Stickle Pike & Great Stickle	J Holman	
	C	Circular to Broughton Mills	David Forrest	
Jun 3	A	Melbecks & Brownsey Moor	Ian Lund	Thwaite
	B	Gt Shunner Fell & lovely Seat	Dave Harrison	
	C	Keld & Catrake Force		
Jun 17	A	Linear walk to Cockermouth		Cockermouth
	B	Sale Fell from Wythop	Brian Baker	
	C	Cockermouth area		

		Saturday Car Walks Programme
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	Saturday Car Walks Programme	Jan-June 2018
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Meet at B&Q Car Park, Burton Road, Kendal at 9.20 for a 9.30 departure, or at the start of the walk as indicated.

Meet at B&Q Car Park, Barton Road, Kendal at 9.20 for a 9.30 departure, or at the start of the walk as indicated.							
Date	Grade	Walk Description	Dist/Asc	Leader	Time & Meeting place	Grid Ref	Cost
Jan 6	C	Levens Park& Heversham Head	5m/500ft	Dave Harrison	09.45 Lay-by near Levens Bridge	SD496853	£1.00
Jan 20	B	Rydal Terrace and around Loughrigg	10m/1500ft	John Ryder	10.15 Ambleside Cricket Club	NY370055	£2.50
Feb 3	C+	Pen-y-Ghent	6m/1500ft	Dave Harrison	10.30 Horton-in-Ribblesdale CP	SD807725	£6.00
Feb 17	B	Orrest Head and Sour Howes	8m/1700ft	John Edmondson *	09.30 BUS STAT. 10.15 Windermere	SD414986	Bus fare
Feb 21		AGM Kendal Town Hall 7.30pm (Wednesday)					
Mar 3	C+	Outerside and Barrow	6m/1910ft	Dave Harrison	10.30 Royal OAK PH, Braithwaite	NY231236	£8.00
Mar 17	B	Grisedale and Lanty's Tarn	8m/1350ft	Dave Harrison	10.15 Glenridding CP	NY386169	£5.00
Mar 31	C	Smardale Fell & Railway	7m/1500ft	Gillian Cochrane	10.00 Newbiggin on Lune	NY704052	£4.00
Apr 14	C+	Torver Commons	7m/1500ft	John Edmondson *	10.30 A593 lay-by NE of Torver	SD287946	£4.60
Apr 28	B	Farleton Fell	8m/800ft	Dave Harrison	10.00 North of Holme village	SD527797	£2.50
May 12	C	Lords Lot	6m/1000ft	John Holman	09.50 Underbarrow Church	SD463927	£1.50
May 26	B	Old Hutton and Millholme	9m/500ft	Dave Harrison	10.00 Near Halfpenny	SD536864	£1.00
Jun 9	C	Raven Crag and the Benn	4.5m/1052ft	Dave Harrison	10.00 Armboth CP, Thirlmere	NY305172	£4.00
Jun 23	B	Wythburn, Watendlath, Keswick	10m/1000ft	Dave Harrison	09.30 BUS STATION, 10.00 Wythburn	NY324129	Bus fare
Notes:	* leader will meet up with the group at the start point.						

SOUTH LAKES WALKING CLUB

Website: slwc.weebly.com

Programme January-June 2018

OFFICERS

PRESIDENT: Jim Lawson, Tel: (01539) 730649

GENERAL SECRETARY: John Ogden, Tel: (01539) 737517

TREASURER: John Watson, Tel: (01539) 560362

SUNDAY COACH SECRETARY: (All coach bookings) Brian Baker,
Tel: 07971 767194 (Between 6pm and 9pm, but NOT Sundays)-and if possible avoid leaving a message.

SUNDAY WALKS SECRETARIES: John Ryder Tel: (07713) 252135 / Nigel Markham Tel: (01539) 560319

SATURDAY WALKS SECRETARY: David Harrison, Tel: (01539) 728426

EVENING WALKS SECRETARY: Margaret Millington, Tel: (01539) 737957

SOCIAL SECRETARY: David (Corky) Corkill, Tel: (01539) 726965

WEBMASTER: John Edmondson, Tel: (01539) 821251

OTHER COMMITTEE MEMBERS: Sharon Bloomfield, Tel: (01539) 731082. Mel McCreesh Tel: (01539) 720849

AUDITOR: Bill Wood

PROGRAMME EDITOR: Nigel Markham

SUBSCRIPTIONS: £5 Payable from 1 January direct to the Treasurer (Cheques made out to South Lakes Walking Club)

(NB: Membership is considered "Lapsed" if subscriptions are not renewed by the 1 May)

MEMBERSHIP ENQUIRIES: Please contact the General Secretary or Treasurer.

(Email addresses for all Committee Members can be found on the clubs website)

WALKS:

- Guidelines for leaders & members can be found on the Club Website, or a copy can be obtained from the Secretary.
- It is recommended that crampons or microspikes are carried whenever ice and snow are present.

LEADERS:

- Shall not be liable to members or any other persons going on walks for any personal injury, damage, loss or inconvenience of any kind caused to members or other walkers or their property.
- Have discretion to refuse to take any member who is considered unsuited to participate in the proposed walk or who they consider is inadequately equipped for the prevailing conditions.

CONDUCT: Please do not get ahead of the Leader, and please do not leave the walk without letting the Leader know.

You must be accompanied by at least one other person if you do leave a walk for any reason.

DOGS : Are not allowed on any walks (except assistance dogs).

GRADES: (aprox) **A** = 11-15miles, 2500-4000ft ascent. **B** = 8-10 miles, 2500ft ascent. **C** = 6-8 miles, 1000ft asc.

COACHES:

- The cost is £10 per person.
- Full fare is payable if a cancellation is made for whatever reason after the Wednesday before the walk.
- The coach will normally commence the return journey half an hour after the last party has arrived back.

SATURDAY & EVENING WALKS:

- Car share where possible, and check parking facilities with Leaders.

Summer Evening Walks Programme May -June 2018

Monday	Meeting Point	Grid Ref.	Leader	Contact Number
May 14th	Hugill from Ings lay-by on western side of Ings	SD 444986	John Edmondson	
May 21st	Helsington Church	SD489890	Avril Hallam	
May 28th	Winster Church	SD417930	Margaret Pook	
June 4th	Whitestone & High Newton Reservoirs	SD390841	Alice Kramer/ Maggie Millington	
June 11th	Latterbarrow nature reserve layby	SD440827	Pauline Goodridge	
June 18th	Riflemans Arms Pub	SD511924	David Bullas	
June 25th	Dent Village Centre car park	SD704870	John Ogden	

Unless otherwise stated walks start at 7pm from meeting point shown, and are approx. 4mls long. If you need or can offer a lift from Kendal, then please be at Natland Rd (nr Romney Bridge) for car sharing (leaving at 6.30 prompt ****BUT on June 25th, departure from Natland Rd will be 6.15.****

Fuel cost is £1.50 per passenger. Any queries, tel. Maggie Millington (Evening Walks Co-ordinator) on 01539 737957 or 07906710849.

In the event of bad weather, try to contact the leader to check that the walk is still going ahead.