

## South Lakes Walking Club

Saturday and Sunday walks are arranged alternately throughout the year.

**Departing from - Natland Road bus stop (near roundabout) Kendal-9.10am, Blackhall Road Bus Station-9.15am.**

Date	Grade	Walk Description	Leader	Destination
Early start July 1	A	Grike and Crag Fell	Brian Baker	Ennerdale Bridge 8.30 start Natland Rd, 8.35 bus station
	B	Great Borne	Peter Mounsey	
	C	Ennerdale Lakeside	Alice Kramer	
July 15	A	Ingleton to Settle	Peter Mounsey	Settle
	B	Pennine Bridleway Settle loop	Dave Harrison	
	C	Feizor and Giggleswick Scar	Avril Hallam	
July 29	A	Glaramara	John Ryder	Seatoller
	B	Grange , Watendlath, Seatoller	Joan Meakin	
	C	Borrowdale	Ray and Beryl	
Aug 12	A	Wild Boar Fell	Ria Akster	Kirkby Stephen
	B	Mallerstang from Nateby	Alison Jones	
	C	Kirkby Stephen area	Ray Holmes	
Early start Aug 26	A	Grinton, Fremington Edge and Reeth Low Moor	Nigel Markham	Reeth 8.30 start Natland Rd, 8.35 Bus Station
	B	Harker Top and Swaledale	John Ogden	
	C	Swaledale valley		
Sept 9	A	Grey Friar via Seathwaite Tarn	John Edmondson	Coniston
	B	Red Dell circular	John Holman	
	C	Tarn Hows to Coniston	Jim Ring	
Sept 23	A	Crag Hill, Gt Coum & Whernside	David Bullas	Dent
	B	Great Coum	Ian Powell	
	C	Dentdale	Yvonne Houfe	
Sept 28		Autumn weekend away, Llanwrtyd Fri-Mon		
Oct 7	A	Dodd Fell Hill		Hawes
	B	Wether Fell Hill from Burtersett	John Ryder	
	C	Hawes area	Ray Holmes	
Oct 21	A	Sedbergh to Tebay	Brian Baker	Tebay
	B	Lowgill to Tebay	Trevor and Christine	
	C	Blease Fell and Hare Shaw		
Early start Nov 4	A	Sewing Shields to Greenhead	John Edmondson	Hadrians Wall Greenhead 8.30 start Natland Rd, 8.35 bus station
	B	Housesteads to Greenhead	Corky	
	C	Once Brewed to Greenhead		
Nov 18	A	Troutbeck Bridge to Ambleside via Wansfell	Peter Mounsey	Ambleside
	B	Around Loughrigg and Tarn	D Kenny & Mel	
	C	Ambleside area	Jim Ring	
Dec 2	A	Peny-y-Ghent and Plover Hill	Ria Akster	Horton-In-Ribblesdale
	B	Peny-y-Ghent		
	C	Ribblehead to Horton	David Forest	
Dec 16	A	High Dam and Rusland	Nigel Markham	Newby Bridge
	B	Bigland Barrow and Tarns	John Ryder	
	C	Stavely - in -Cartmel and Simpson Ground Reservoir		

Saturday Car Walks Programme				July-December2018			
Meet at B&Q Car Park, Burton Road, Kendal at 9.20 for a 9.30 departure, or at the start of the walk as indicated.							
Date	Grade	Walk Description	Dist/Asc	Leader	Time and Meeting Place	Grid Ref.	Cost
Jul 7	C	Feizor & Stainforth	6.5m/600ft	Yvonne Houfe	10.15 Buckhaw Brow, Settle	SD798658	£5.00
Jul 21	B	Blea Tarn and Great Langdale	8m/2000ft	John Edmondson *	10.30 Britannia Inn, Elterwater	NY327047	£3.40
Aug 4	C	Between Ings and Kentmere	7.5m/1500ft	Loraine Wilson	09.50 Ings	SD444986	£1.50
Aug 18	C+	Whitbarrow Round	7m/1340ft	Margaret & Dennis Pook	09.50 Mill Side	SD453840	£1.60
Sep 1	C	Coast and canal	7m/200ft	Gillian Cochrane	10.15 Red Bank Farm, Bolton-le-Sands	SD473683	£4.00
Sep 15	C+	Haverthwaite Heights & Low Wood	5m/750ft	John Holman	10.15 Disused Rd. just past Haverthwaite	SD340843	£4.00
Sept 28		Autumn weekend away, Llanwrtyd	Fri-Mon				
Sep 29	C+	Outerside and Barrow	6m/1910ft	Dave Harrison	10.30 Royal Oak, Braithwaite	NY231236	£6.00
Oct 13	C+	Caldbeck (early start from B&Q)	8.25m/512ft	Alison Jones and Libby	09.00 B&Q (EARLY) or 10.00 Caldbeck	NY325398	£8.00
Oct 27	B	Weasdale and Randygill Top	8m/1837ft	Dave Harrison	10.15 Wath, southbound slip road off A685	NY685050	£4.00
Nov 10	C+	Windermere	6m/1000ft	Christine Winsor	10.00 Limethwaite Road, Windermere	SD416978	£2.00
Nov 24	C+	Coniston shoreline	8.5m/775ft	John Ryder	10.30 Yewdale Inn, Coniston	SD302974	£4.00
Dec 8	C+	Yewdale Valley and Tom Heights	6m/1200ft	John Edmmondson *	10.30 Shepherd's Bridge, High Yewdale	SD314998	£3.40
Notes:							
* leader will meet up with the group at the start point.							

# SOUTH LAKES WALKING CLUB

( Affiliated to H.F. Holidays.co.uk)

Website: [slwc.weebly.com](http://slwc.weebly.com)

## Programme July-December 2018

### OFFICERS

**PRESIDENT:** John Edmondson, Tel (01539) 821251

**GENERAL SECRETARY:** John Ogden, Tel: (01539) 737517

**TREASURER:** John Watson, Tel: (01539) 560362

**SUNDAY COACH SECRETARY:** (All coach bookings) Brian Baker,  
Tel: 07971 767194 (Between 6pm and 9pm, but NOT Sundays)-and if possible avoid leaving a message.

**SUNDAY WALKS SECRETARIES:** John Ryder Tel: (07713) 252135 / Nigel Markham Tel: (01539) 560319

**SATURDAY WALKS SECRETARY:** David Harrison, Tel: (01539) 728426

**EVENING WALKS SECRETARY:** Margaret Millington, Tel: (01539) 737957

**SOCIAL SECRETARY:** David (Corky) Corkill, 1Tel: (01539) 726965

**WEBMASTER:** John Edmondson

**OTHER COMMITTEE MEMBERS:** Sharon Bloomfield, Tel: (01539) 731082. Mel McCreesh, Tel: (01539) 720849

**AUDITOR:** Bill Wood

**PROGRAMME EDITOR:** Nigel Markham

**SUBSCRIPTIONS: £5 Payable from 1 January direct to the Treasurer** (Cheques made out to South Lakes Walking Club)

(NB: Membership is considered "Lapsed" if subscriptions are not renewed by the 1 May)

**MEMBERSHIP ENQUIRIES:** Please contact the General Secretary or Treasurer.

(Email addresses for all Committee Members can be found on the clubs website)

### **WALKS:**

- Guidelines for leaders & members can be found on the Club Website, or a copy can be obtained from the Secretary.
- It is recommended that crampons or microspikes are carried whenever ice and snow are present.

### **LEADERS:**

- Shall not be liable to members or any other persons going on walks for any personal injury, damage, loss or inconvenience of any kind caused to members or other walkers or their property.
- Have discretion to refuse to take any member who is considered unsuited to participate in the proposed walk or who they consider is inadequately equipped for the prevailing conditions.

**CONDUCT:** Please do not get ahead of the Leader, and please do not leave the walk without letting the Leader know.

You must be accompanied by at least one other person if you do leave a walk for any reason.

**DOGS :** Are not allowed on any walks (except assistance dogs).

**GRADES:** (aprox) **A** = 11-15miles, 2500-4000ft ascent. **B** = 8-10 miles, 2500ft ascent. **C** = 6-8 miles, 1000ft asc.

### **COACHES:**

- The cost is £10 per person.
- Full fare is payable if a cancellation is made for whatever reason after the Wednesday before the walk.
- The coach will normally commence the return journey half an hour after the last party has arrived back.

### **SATURDAY & EVENING WALKS:**

- Car share where possible, and check parking facilities with Leaders.

## Summer Evening Walks Programme July-August 2018

Monday	Meeting Point	Grid Ref.	Leader	
July 2nd	The Plough, A65 Lupton	SD554812	Maggie	
July 9th	Church C.P. Crook	SD451950	Jill	
July 16th	Otterbank layby on A6	GR532972	Gillian	
July 23rd	Lindeth Lane(off Crook Rd)	SD415963	Irene	
July 30th	Arnside Railway Station	SD460788	Joan	
August 6th*	Windermere Rd C.P. Grange-Over-Sands	SD411783	Nigel	
August 13th*	Staveley Mill Yard	SD471983	John E.	

Unless otherwise stated walks start at 7pm from meeting point shown, and are approx. 4 miles long. If you need or can offer a lift from Kendal, then please be at Natland Rd (nr Romney Bridge) for car sharing (**leaving at 6.30 prompt**)

**\*AUGUST walks will leave Natland Road at 6pm and leave starting point at 6.30pm.**

Fuel cost is £1.50 per passenger. Any queries, tel. Maggie Millington (Evening Walks Co-ordinator) on 01539 737957 or 07906710849.