

SOUTH LAKES WALKING CLUB

Web site: www.slwc.org.uk

Programme January - June 2013

OFFICERS

PRESIDENT: Joan Meakin, 8 Old Myse, Storth, LA7 7HQ Tel: (01539) 565722

GENERAL SECRETARY: At the time of printing a new Secretary had not been appointed.

TREASURER: John Watson, Lawn Head, Lowgate, Levens, LA8 8NJ Tel: (01539) 560362

SUNDAY COACH SECRETARY: (All coach bookings) Brian Baker, 7 Bishops Court, Kendal, LA9 4EZ.

Tel: 07971767194 (Between 6pm and 9pm, but NOT Sundays)

SUNDAY WALKS SECRETARY: Nigel Markham, Eden End, 1 Lillesden, Sedgwick, LA8 0LN Tel: (01539) 560319

SATURDAY WALKS SECRETARY: Yvonne Houfe, 33 Lingmoor Rise, Kendal, LA9 7NR. Tel: (01539) 724691

SOCIAL SECRETARY: Beryl Holmes, 2 Helsington Laithes, Kendal, LA9 5RN Tel: (01539) 736796

COMMITTEE: John Holman Tel: (01539) 560662, Ray Holmes Tel: (01539) 736796,
John Edmondson Tel: (01539) 821251, Sharon Bloomfield Tel: (01539) 731082

AUDITOR: Rupert Connell

SUBSCRIPTIONS: £5 Payable from 1 January direct to the Treasurer (Cheques made out to South Lakes Walking Club)

(NB Membership is considered "Lapsed" if subscriptions are not renewed by the 1 May)

MEMBERSHIP ENQUIRIES: Please contact the General Secretary or Treasurer.

WALKS:

LEADERS

- Shall not be liable to members or any other persons going on walks for any personal injury, damage, loss or inconvenience of any kind caused to members or other walkers or their property.
- Have discretion to refuse to take any member who is considered unsuited to participate in the proposed walk or who they consider is inadequately equipped for the prevailing conditions.

CONDUCT- Please do not get ahead of the Leader, and please do not leave the walk without letting the Leader know.

You must be accompanied by at least one other person if you do leave a walk for any reason.

DOGS - Are not allowed on any walks.

COACHES:

- *The charge is £8 per person (price increase from 1 JAN 2013).*
- *Full fare is payable if a cancellation is made for whatever reason after the Wednesday before the walk.*

SATURDAY & EVENING WALKS:

- *Car share where possible, and check parking facilities with Leaders.*

EVENING WALKS PROGRAMME

MONDAY	MEETING POINT	GRID REF	LEADER	TELEPHONE
13 May	Pheasant Inn, Allithwaite	386 763	Alice Kramer	01539 724454
20 May	Wilfs Car Park, Staveley	473 983	John Edmondson	01539 821251
27 May	Lowgill Viaduct, Beckfoot	616 965	Janice Henderson	01539 725339
3 June	Hare and Hounds CP, Bowland Bridge	418 896	Jill Hayes	01539 733099
10 June	Winster Church, Winster	417 931	Ria Akster	01539 733887
17 June	Chapel House CP, Staveley-In-Cartmel	381 851	Irene Hill	01539 560781
24 June	Layby opposite Derby Arms	441 829	David Bullas	01539 736686

Unless otherwise stated, walks start at 7.00pm from the meeting point shown, and are approx. 4 miles long. If you need or can offer a lift from Kendal, then please be at Natland Road, Kendal (near Romney Bridge) for car sharing (leaving at 6.30 prompt). Petrol costs £1.50 per passenger. Any queries tel. Alice Kramer (Evening Walks Coordinator) on 01539 724454.

South Lakes Walking Club

Sunday Coach Walks Programme Jan-June 2013 Coach cost: £8

Starting from Natland Road bus stop (near roundabout) Kendal at 9.10 or Blackhall Road Bus Station at 9.15

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Date	Grade	Walk Description	Leader	Destination
Sun 6 Jan	A	Orton to Kirkby Stephen	Ian Lund	Kirkby Stephen <i>Via Tebay</i>
	B	Kirkby Stephen area		
	C	Wath to Kirkby Stephen	Yvonne Houfe	
Sun 20 Jan	A	Top O' Selside	John Edmondson	Coniston <i>Via Newby Bridge</i>
	B	Cumbria Way	Dennis & Margaret Pook	
	C	Beacon Tarn and Cumbria Way from Water Yeat	Alice Kramer	
Sun 3 Feb	A	Northern Howgills Wander	Nigel Markham	Ravenstonedale <i>Via Tebay</i>
	B	Nettle Hill and Smardale Fell	Brian Baker	
	C	Ravenstonedale Area	Alison Jones	
Mon 4 Feb		Annual General Meeting 7.30pm Kendal Town Hall		
Birthday	A	Grasmere Walkabout	Christine Windsor	<i>Birthday walks and meal</i> Grasmere
Sun 17 Feb	B	Castle Crag and Greenup Edge from Wythburn	John Holman	
	meal C	Ambleside to Grasmere	John Watson	
Sun 3 Mar	A	Kirkby Lonsdale to Sedbergh	David Harrison	Sedbergh <i>Via Kirkby Lonsdale</i>
	B	Around Sedbergh	Digby & Sue Singleton	
	C	Frostrow Fells and Rawidding Circular	Ray Holmes	
Sun 17 Mar	A	The Loughrigg 62 Tops	Peter Jones	Ambleside
	B	Holme Fell and Black Fell	Peter Hill	
	C	High Sweden bridge and Scandale Bottom	Ray Holmes	
Sun 31 Mar	A	The Pots Of Gragareth	Brian Baker	Ingleton
	B	Whernside from Ribbleshead	Joan Meakin	
	C	Twistleton Scar from Ribbleshead	Mike Jackson	
Sun 14 Apr	A	Great Shunner Fell & Lovely Seat	David Bullas	Hawes
	B	Dodd Fell		
	C	Hardraw Force from Bainbridge	Mike Jackson	
Sun 28 Apr	A	Fairfield and St Sunday Crag from Bridgend	Nigel Markham	Glenridding
	B	Place Fell	Roy & Sarah Frost	
	C	Kirkstone Pass to Glenridding	Avril Hallam	
Sun 12 May	A	Ambleside to Borrowdale	John Edmondson	Seatoller
	B	Brund Fell,Kings Howe,Joppety Howe,Watendlath		
	C	Stonethwaite and Langstrath	Alice Kramer	
Sun 26 May	A	Woodland Height and Muncaster Fell	Brian Baker	Ravenglass
	B	Ravenglass, Eskdale Green & Muncaster Fell	Jim Lawson	
	C	Ravenglass and Muncaster Fell	Ray Holmes	
Sun 9 Jun	A	Hardberry Hill and High and low Force	John Clement	Middleton in Teesdale
	B	Low Force, High Force	Ian Powell	
	C	Langden Beck to Middleton in Teesdale	Mike Jackson	
Early start	A	Whiteless Pike, Crag Hill and Grasmoor	Corky	Early start: 8.30 Natland Road Buttermere 8.35 Blackhall Rd Bus Station
Sun 23 Jun	B	Buttermere area.	Terry Haygarth	
	C	Crummock Water	Ray Holmes	

Saturday Car Walks Programme Jan - June 2013

Starting from Gilbert Gilkes and Gordon Car Park (off Aynam Road, Kendal) at 9.30, or at the start of the walk as indicated

Date	Grade	Walk Description	Leader	Time/Meeting Place/Grid Reference	Cost
Sat 12 Jan	C	Circuit from Sizergh-7.5mls/700ft	Dorothy Hayton	GG or 9.50 layby nr Strickland Arms (SD503 873)	£1.50
Sat 26 Jan	C	Milnthorpe Experience-6.5 mls/500ft	Avril Hallam	GG or 10.00 Milnthorpe Bridge (SD489 814)	£1.80
Mon 4 Feb		Annual General Meeting 7.30pm Kendal Town Hall			
Sat 9 Feb	B	Ambleside Wander -9mls/1500ft	Christine Winsor	GG or 10.00 Pelter Bridge (NY 364 059)	£3.40
Sat 23 Feb	B	Claife Heights and Tarns-7mls/1000ft	Fiona & John Holman	GG or 10.30 Old Quarry nr Ferry House (SD388 955)	£4.50
Sat 9 Mar	B	Coniston & Torver-9mls/750ft	Yvonne Houfe	GG or 10.30 Shepherd bridge, Coniston (SD305 977)	£4.40
Sat 23 Mar	C	Lowther Castle and Askham Fell-8.5mls/800ft	Margaret&Dennis Pook	GG or 10.30 Newtown Village (NY526 241)	£5.00
Sat 6 Apr	B	Uldale Head, Howgills-8mls/1900ft	Peter Hill	GG or 10.00 Gibbet Hill (SD625 994)	£2.40
Sat 20 Apr	C	Stennerskeugh and Uldale-8mls/600ft	Jennifer Rae	GG or 10.15 road nr Cold Keld (SD731 999)	£4.20
Sat 4 May	B	Crummackdale-9mls/1300ft	Laraine Earle	GG or 10.30 Clapham CP (SD745 962)	£4.60
Sat 18 May	C	Farleton Knott-8mls/700ft	Janice Henderson	GG or 10.00 Clawthorpe Lane (SD552 789)	£2.40
Sat 1 Jun	C	Calder Vale-7.5mls/700ft	Mike Jackson	GG or 10.30 Garstang CP (SD494 455)	£6.00
Sat 15 Jun	B	Redmire, Castle Bolton, Carperby-8mls/750ft	Ian Powell	GG or 10.45 Aysgarth Falls CP (SD011 887)	£7.00
Sat 29 Jun	C	Winster-7mls/600ft	Alice Kramer	GG or 10.00 Winster Church (SD417 931)	£2.20